

Book Review

The Way I See It: A Personal Look at Autism & Asperger's

by Temple Grandin, Ph.D.

Published by Future Horizons Inc.

1-800-489-0727

Temple Grandin was on the autism spectrum for over thirty years. This book includes practical ideas and instructions for dealing with a wide range of behavior, learning styles, and physical health issues found in autism and Asperger's Syndrome. The author makes it clear that it is the parents that make the difference in the outcome of children on the autism spectrum. She states that therapy in the public school for a couple of hours a week is not enough to be effective. The author says that, "parents need to take the lead and provide supplemental instruction themselves." She speaks about this in her chapter called "Economical Quality Programs for Young Children with ASD." The author stresses that, "Parents need to find the people, both professionals and non-professionals, who know how to be gently insistent, who keep the child motivated to learn, are child-centered in their approach, and are dedicated to teaching children with autism in a way they can learn, instead of insisting that child learn in the way they teach."

Temple Grandin provides valuable insights to parents in the following areas: Diagnosis and Early Intervention, Teaching and Education, Sensory Issues, Understanding Non-Verbal Autism, Behavior Issues, Social Functioning, Medications and Biomedical Therapy, Cognition and Brain Research, and Adult Issues and Employment.

This book is a MUST read for parents of children on the spectrum.